

MENTAL HEALTH AS A FUNCTION OF LOCALE AND SEX AMONG COLLEGE STUDENTS

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ABSTRACT

Present paper studies mental health as a function of locale and sex among college students. In the present research 2x2 factorial, designs will be used. It will be going to study mental health six dimensions free (FFA, Free folding anxiety, OBS Obsessive compulsive disorder, PHO Phobia, SOM Somatoform, DEP Depression and HYS Hysteria) of dependent variable. Gender (males, females -2) and locale (urban, rural-2) two levels will be independent variables. That rural college student were found to have more mental health problem as compared to urban college students, while sex wise there was no different in mental health. This it can be concluded that locale has an impact on mental health of college students. While sex is not affecting mental health.

KEYWORDS: FFA, Free Folding Anxiety, OBS Obsessive Compulsive Disorder, PHO Phobia, SOM Somatoform, DEP Depression and HYS Hysteria